

Transition Planning Tip Sheet

**For service providers, teachers,
advocates, community leaders and
support network members:**

Your Role in Supporting Youth and Families in Integrated Transitioning

You have been asked by a youth and their family to participate in a transition to adulthood case conference. At the case conference the youth and family will talk about their vision for the youth's future and together with others at the case conference, will develop a transition to adulthood plan. The transition to adulthood plan identifies the youth's goals, strategies to meet the goals, timelines and the people responsible to help the youth and their family reach their transition goals.

What can you do to assist the youth and their family in the Integrated Transitioning process?

- Attend and participate in one or two transition case conferences to provide your insight about the youth based on your experiences with them.
- Support the youth and their family to discuss their vision and their hopes, dreams and goals for the future.
- Assist the youth to identify their strengths, interests and abilities.
- Describe what you believe motivates the youth and what types of environments the youth is currently successful in.
- Share ideas about opportunities that currently exist or that could be created to develop the youth's participation and independence in the community.
- Present ideas to engage the youth with cultural support and connections where possible.
- Help identify the youth's support needs.
- Encourage and support the youth and family through the planning process.
- Assist the youth and family to achieve goals that they identified in their transition plan.
- Follow through on any tasks that you were assigned in the transition plan.